**Outdoor Safety**

- Move to a low point. Lightning hits the tallest available object, so get down low in a crouched position if you are in an exposed area.

- If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away.

- Do not go under trees for shelter. There is no place outside that is safe during a thunderstorm.

- Wait at least 30 minutes after hearing the last clap of thunder before leaving your shelter.

**Indoor Safety**

- Turn off and unplug electronic equipment and Stay off corded phones, computers, and other electronic equipment that put you in direct contact with electricity or plumbing.

- Avoid washing your hands, showering, bathing, doing laundry, or washing dishes.

- Stay away from windows and doors.

- You can use cordless or cellular phones.

- Stay away from windows and doors. Stay off porches.

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**EMERGENCY**

Victims of lightning strikes carry no electrical charge, so administer First aid treatment.